



O.L.A.P.S. H.S.A. 1K / 3K WALK/RUN 2017



'FAMILY RUN FOR FUN' IT'S A FAMILY THING, SHOW UP AND FIT IN

Individual Form

EVENT: Run Walk

Last name:

First name:

Date of Birth, (**Optional)

Gender: Contact Number:

Email

Emergency Contact:

Last name: First Name:

Contact Number Relationship

****Not entering your date of birth disqualifies you from any age related prizes.**

Please read and sign this waiver/release:

I know that participating in a run/walk/wheel is potentially hazardous. If I AM 12 years and under on the race day and wish to participate in the 1K Walkathon, I MUST be medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event, including but not limited to falls, contact with other participants, the effect of weather including high heat and/or humidity, and the conditions of the road and traffic on the course. All of these risks are known and appreciated by me. Baby strollers, roller blades and bicycles are not allowed in the race event. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself, and anyone acting on my behalf, waive, release and hold harmless OLAPS, its parent company, subsidiaries and related entities, the beneficiary charities and all benefiting suppliers, all sponsors, all the aforementioned parties, respective directors, officers, employees, agents, assigns, representatives and successors and any individual or group associated therewith, from and against all claims, damages, liabilities, costs and expenses of any kind including reasonable attorney's fees arising out of my participation in this event, even though that liability may arise out of my negligence or carelessness, and/or the negligence or carelessness of any individual or organization named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, verbal or written statements, or any other record of this event for any legitimate purpose without my consent. I am of legal age, having read this release, fully understand it and freely agree to all of its terms.

X _____
If you are under the age of 18, you must have a parent or guardian's signature

Payment Received: (For Official Use Only)

- ✂ Please cut here and return the Waiver and Registration Form to the O.L.A.P.S.H.S.A or your Team Captain ✂ Instructions: -----
- To enter the O.L.A.P.S. H.S.A. 1K / 3K Walk/Run, complete the entry form above, read the waiver/release carefully sign and return the form to your Team Captain. If you are not a member of a team, please return your form to O.L.A.P.S. H.S.A. 1K / 3K WALK/RUN Office at 78 Molynes Road Kingston 10. **Note: WAIVER/RELEASE FORMS MUST BE SIGNED BY EACH PARTICIPANT. INCOMPLETE FORMS OR FORMS BEARING THE SIGNATURE OF SOMEONE OTHER THAN THE PARTICIPANT WILL NOT BE ACCEPTED.** Application Forms must be signed by parents or guardians of entrants under the age of 12 years, who will participate in the 1K Walkathon.
 - The WALK race is for WALKERS only. If you intend to run or jog at any point during the race, you must enter the RUN race. Any participant in the WALK race who may be observed running will be disqualified by Race Officials and your company team will be ineligible for awards.
 - Each entrant will receive an official race bib and your personal time from start to finish will be communicated to you at the end of the race. You must cross the timing mats at start and finish line in order to get a race time. BIBS are to be pinned to the FRONT of your shirt. Your BIB is labelled with your name and marked for the event you entered — the WALK or RUN race. You must wear the bib that is encoded with your own information. Do not switch or give your bib to anyone. Fair play rules and honesty apply!
 - Only entrants with RUN BIBS are to line up for the RUN race. Similarly, only entrants with WALK are to line up for the WALK race.
 - Each participant is responsible for knowing and complying with all the official rules and regulations. Failure to comply with the rules of the O.L.A.P.S. H.S.A. 1K / 3K WALK/RUN will subject you and your company team to disqualification.
 - On Race Day: Be sure to arrive early at the O.L.A.P.S. H.S.A. 1K / 3K WALK/RUN Parking Lot for the pre-race Warm-up at 6:30 a.m. The 3 Kilometers RUN race starts promptly at 7:00 a.m. please don't be late. Parking & Road Closure: Race starts at the Our Lady of the Angels Catholic Church and ends at 78 Molynes Road. Please follow the directions of Traffic Wardens to designated O.L.A.P.S. H.S.A. 1K / 3K WALK/RUN Parking areas, where all participants should gather for warm-up activities. The start line is at the Our Lady of the Angels Catholic Church.
 - A final note: The O.L.A.P.S. H.S.A. 1K / 3K WALK/RUN is organized to promote fitness, company spirit and teamwork while raising money for the Our Lady of Angel Preparatory School Development Projects. Most of all, the objective is to have fun. You are already a winner for having made it to the START line!

Registration: Feb 6, 2017 – Apr. 3, 2017
Package Pickup: Apr. 4 – Apr. 7, 2017

Pickup location: Physical Education Department, 78 Molynes Road, Kingston 10